



### Dr. Roop Conyers makes sure he fits life into his busy schedule.

Originally from Toronto, most would think the move to the Annapolis Valley would be quite an adjustment for Dr. Roop Conyers. Fortunately, he and his family have adapted to the rural life nicely. Roop loves that the small community acts like a family, where everyone is invested in not only knowing who you are and what you do, but also being genuinely concerned about your wellbeing. Though Roop is both a family physician and works in emergency medicine, he manages to find time to indulge himself in his rural life, taking hikes, playing golf, cross country skiing, gardening, and caring for their chickens, horses, dogs and cats.

**The Dalhousie Family Medicine residency program** allows residents to learn in family medicine focused clinical experiences where low resident to supervisor teaching ratios ensures that the residents' objectives are a top priority. Community is at the central core of the program and residents find that they and their families quickly become part of these large and small communities across the Maritimes.  
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*Inspiring Minds. Impacting Communities.*

The Annapolis Valley Site is located throughout the Valley in five communities, with the regional center, Valley Regional Hospital, located in Kentville. Dalhousie University, along with the Department of Health and Wellness, created a proposal for a new residency program to deal with the increase need to produce more family physicians in the province. In the end, the Annapolis Valley Health District Authority was selected as the site for the new program and will be welcoming their first family medicine residents July 2012. Each year, there will be four Canadian medical graduates and one international medical graduate at the Annapolis Valley Site.



By 2013, there will be two residents in the communities of Annapolis Royal, Middleton, Berwick, Kentville/New Minas, and Wolfville. Within every community we have dedicated faculty who are very enthusiastic about the program and are committed to making it a success and one of the best in the province.

### UNIQUE FEATURES:

While the Annapolis Valley offers alternative payment plan and fee-for-service family physicians, it also offers one of the first true collaborative practices in Nova Scotia located in Annapolis Royal. Rather than consisting of one physician and one nurse practitioner as seen in other collaborative practices, the Annapolis Royal site boasts six to seven physicians, in addition to a nurse practitioner, an office practice nurse, dietitians, physiotherapists, mental health and social workers; creating a complete team that comes together to manage care.

The Annapolis Valley provides a true rural family medicine experience while at the same time allowing for training in a larger regional center. Residents will be exposed to unique collaborative practices as well as solo practitioners.

### CURRICULUM:

The Annapolis Valley site will be one of the first in Canada to utilize the newly approved Triple C curriculum. Approved last year by The College of Family Physicians, this unique curriculum focuses on continuity of care, (rather than quantity of time spent in training); continuity of education/training; and continuity of evaluation, all done predominantly by family doctors. In essence, family doctors will be training the next generation of physicians instead of the traditional specialist block-training of the past. These experiences for the most part will be longitudinal over the two years of residency training in an effort to produce more comprehensive clinical training.

With a focus on the delivery of the new Triple C Curriculum, the curriculum topics will remain the same, however the process in which the residents are trained and evaluated will be modified. We are very excited at the prospect that our residents will receive a truly comprehensive family medicine training in their two years allowing them to provide both acute and chronic care.

# annapolis valley



### CLINICAL EXPERIENCES:

- Family Medicine
- Internal Medicine
- Emergency Medicine
- Obstetrics & Gynecology
- Orthopedics
- General Surgery
- Pediatrics
- Geriatrics
- Intensive Care/Cardiac Care
- Psychiatry
- Palliative Care
- Electives

For the most part, these experiences will be done in a longitudinal fashion in line with the Triple C curriculum over the two-year training period with a few still being completed in the traditional block format.

### LOCATION HIGHLIGHTS:

- » Year-round outdoor activities including hiking, golfing, canoeing, biking, skiing and snowshoeing
- » Enjoy the bounty in one of the region's many farm markets with locally grown fruits, vegetables, meats, cheeses and specialty foods
- » A variety of wonderful and historic festivals
- » Canada's up-and-coming wine destination
- » Experience the world's highest tides along the phenomenal Bay of Fundy
- » Upper Clements Park is a 30-hectare family theme park
- » Home to Kejimikujik National Park
- » Numerous historic sites



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